

# America's State Parks

## California's *Armstrong Woods State Park*

*[Note: Apparently this was a state park but has now been deemed a State Natural Reserve]*

“The serene, majestic beauty of this Grove is a living reminder of the magnificent primeval redwood forest that covered much of this area before logging operations began during the 19th century. Armstrong Redwoods preserves stately and magnificent Sequoia coast redwoods. The grove offers solace from the hustle and bustle of daily life, offering the onlooker great inspiration and a place for quiet reflection.

The ancient coast redwood is the tallest living thing on our planet! These remarkable trees live to be 500-1,000 years old, grow to a diameter of 12-16 feet, and stand from 200-250 feet tall. Some trees survive to over 2,000 years and tower above 350 feet. Coast redwoods are classified as temperate rainforests and they need wet and mild climates to survive. The rainfall in Armstrong Redwoods averages 55 inches per year and the trees are often shrouded in a mystical fog that helps to maintain the moist conditions needed for the redwoods to survive. To find out more about these magnificent trees click the link [About Coast Redwoods](#) to the right.

The reserve includes a visitor center, large outdoor amphitheater, self-guided nature trails, and a variety of picnic facilities. While you can drive into the park, the best way to experience the dramatic effect of the towering redwoods, is to park in the lot at the park entrance and walk in for free. Donations are accepted at the Visitor Center and at the kiosk entrance. All of the main park features can be found along the Pioneer Nature Trail. This trail is a mile and a half long round trip, is ADA accessible and is mostly flat and level.

Although no camping is available in Armstrong Redwood SNR, there is a campground located in Austin Creek State Recreation Area at Bullfrog Pond Campground (3 miles above Armstrong). Austin Creek SRA is accessed through the same entrance as Armstrong Redwoods. For more information go to [Austin Creek State Recreation Area](#).

The redwood ecosystem is very fragile. Every effort is being made to preserve and protect this grove but it can only be done with your help. When you visit, please do not disturb or remove any natural features of the park, stay on designated trails and do not cross over the low-level fence line. We hope you enjoy a serene and rejuvenating visit among these inspiring giants.” *[https://www.parks.ca.gov/?page\_id=450]*

