## America's State Parks

## California's Asilomar Beach State Park

Located on the Monterey Peninsula in the city of Pacific Grove, Asilomar State Beach and Conference Grounds State Park provides visitors numerous opportunities for a variety of scenic walks along the State beach, Coast Trail, and through the Asilomar Dunes Natural Preserve, as well as the opportunity to stay onsite with a variety of overnight room lodging, dining and conference meeting room facilities available

Asilomar had its start in 1913 as a young women's summer camp and conference facility - an outgrowth of the inspired vision of the resourceful, socially-concerned and committed women of the YWCA (Young Women's Christian Association). The historic buildings which are still an integral part of the Asilomar grounds, were designed and built by renowned California architect Julia Morgan between 1913 and 1928.

Asilomar State Beach is a narrow, 1-mile strip of sandy beach and rocky coves. A 1-mile trail, which runs through the dunes, is open to pedestrians. This trail is wheelchair-accessible, and a beach wheelchair is available at the Conference Grounds front desk, located inside the Phoebe Apperson Hearst Social Hall. Bicycling is allowed on the paved bike lane along the road, running parallel to the Coast Trail. The ocean off shore is protected as the Asilomar State Marine Reserve, part of the Monterey Bay National Marine Sanctuary. The rocky coves are home to thousands of species, some of which are unique to the bay. As a sanctuary, it is illegal to disturb biota, and to collect and/or remove shells and/or live specimens.



SAFE-CLOSE COVER BEFORE STRIKIN

The water in the vicinity of Asilomar State Beach is known for rip tides and unpredictable surf. The water is cold compared to other beaches in the Monterey area, due to its exposure to the open ocean and the upwelling of cold water from nearby Monterey Canyon, which funnels the icy water right to shore at this location. Despite the cold water the area is popular with surfers and visitors from around the world. [https://en.wikipedia.org/wiki/Asilomar State Beach]

I attended a conference at Asilomar many years ago. The area is absolutely gorgeous, as is the weather, and is near the many attractions of the Monterey area.

